## IT IS NOT YOUR FAULT

Sexual assault is never your fault.

Nothing you did or said gave consent for this act. It doesn't matter what you wore, drank, where you were, or who you were with.

Sexual Assault is NEVER okay.

## SEXUAL ASSAULT ADVOCATE

An advocate is someone who can be along side you before, during, and after the exam to help you understand the process; provide emotional support; if desired, assist in court; and help you find other services to promote your healing and safety.

### SUPPORT

There are many options for support at MTSU to help you through this difficult time! See the resource page for support.

#### REMEMBER

Practice self-care. Know recovery can take time, looks different for everyone, and is a process.

### RESOURCES

Title IX Office

615-898-2185

**MTSU Police** 

615-898-2424

**MTSU Student Health Services** 

615-898-2988

**MTSU Power of One Office** 

615-494-8899

RAPE, ABUSE, AND INCEST NATIONAL NETWORK:

1-800-656-4673

www.rainn.org

NATIONAL SEXUAL ASSAULT
HOTLINE

1-800-656-4673

**SUICIDE PREVENTION HOTLINE:** 

1-800-273-8255

DOMESTIC VIOLENCE HOTLINE:

1-800-799-7233

This project is supported by Grant No. 15JOVW-21-GG-02388-CAMP awarded by the Office on Violence Against Women, U.S. Department of Justice. Points of view in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.

Sexual
Assault
Examinations

Everything you need to know.

Domestic Violence & Sexual Assault
Center

**Sexual Assault Hotline:** 

615-494-9262

# WHAT IS A SEXUAL ASSAULT EXAM?

A sexual assault exam is a health examination following a sexual assault. This can take place any time after a sexual assault. The exam could include preventative medications and treatments if there are concerns about your health. It is for any gender or age of individual after unwanted sexual contact.

# WHAT IS A RAPE KIT?

The term "rape kit" refers to an evidence container that includes a checklist, materials, and containers to package specimens collected by a trained forensic professional during an exam. This evidence may be used in an investigation or court case, if you choose. It must be done within 120 hours of the assault to collect DNA evidence.

Learn more on rainn.org

### WHAT ARE MY RIGHTS?



#### RAPE KIT IS OPTIONAL

You do not have to get a rape kit to receive medical attention or preventative medication. If you want a rape kit, you can choose whether to file charges.

"Jane Doe" kits are available and held for up to three years.

### AVOID THESE THINGS BEFORE YOUR KIT

Bathing
Showering
Using the restroom
Changing clothes
Combing hair
Cleaning up the area

## YOU DON'T HAVE TO TALK TO THE POLICE

You choose if you want to talk to the police and file a police report. If police are called, you can ask for an advocate to be called who can explain more of the process and your rights.

#### COST

The sexual assault exam is free and won't be billed to insurance companies. If medications and additional testing are needed, the costs will often be billed to the state.

WHERE TO GO FOR EXAMS Domestic Violence & Sexual Assault Center 1423 Kensington Square Ct. Murfreesboro, TN 37130

Sexual Assault Center 101 French Landing Dr. Nashville. TN 37228 Call the Power of One Office for other locations 615-494-8899