

# **BE THE POWER OF ONE**

#### **Building a Safe Community**

MTSU's Power of ONE program empowers students to take a stand and address power-based violence through bystander intervention. Every Blue Raider has the power to make our campus a safer place. Each of us has the opportunity to be the Power of ONE.

#### The 5 D's of Intervention:

When you see a potentially unsafe situation . . .
Direct. Step in and address the situation directly.
Distract. Create a distraction to suppress the situation.
Delegate. Find someone who can help you intervene.
Delay. Ask them if they feel unsafe and how you can help.
Document. Record the situation with appropriate details.

#### MTSU—No Closed Door CONFIDENTIAL RESOURCES

Resources that can only notify the Title IX Coordinator of a sex or gender related incident if authorized by the person disclosing.

- Sexual Assault 24-Hour Crisis Line 615-494-9262
- Domestic Violence 24-Hour Crisis Line 615-896-2012
- MTSU Counseling Services
   Keathley University Center, Room 326-S
   615-898-2670
   Miller Education Center, 503 East Bell St.

#### NONCONFIDENTIAL RESOURCES

Resources that are expected to keep information about sex- or gender-related incidents private but are required by law to notify the Title IX Coordinator.

To report an incident to the University

• Title IX Coordinator Cope Administration Building, Room 116 615-898-2185 mtsu.edu/titleix

To report an incident to the police

• MTSU Police 615-898-2424



615-898-2271

MTSU Student Health Services

MTSU Health, Wellness, and Recreation Center 615-898-2988

- Domestic Violence & Sexual Assault Center 1423 Kensington Square Court 24-hour crisis line: 615-494-9262
- Ascension Saint Thomas Rutherford Hospital 1700 Medical Center Parkway 615-396-4100
- Murfreesboro Police 615-893-1311 or 911

To receive academic accommodations

#### • Disability and Access Center

Keathley University Center, Room 107 615-898-2783

Other resources

• MTSU Student Affairs 615-898-2440



Scan the QR code or visit our website for more information.

## MIDDLE TENNESSEE

### mtsu.edu/powerof1

I AM *true* **BLUE** 

000-0000 - Middle Tennessee State University does not discriminate against students, employees, or applicants for admission or employment on the basis of race, color, religion, creed, national origin, sex, sexual orientation, gender identity/expression, disability, age, status as a protected veteran, genetic information, or any other legally protected dass with respect to all employment, programs, and activities sponsored by MTSU. The Interim Assistant to the President for Institutional Equity and Compliance has been designated to handle inquiries regarding the non-discrimination policies and can be reached at Cope Administration Building 116, 1301 East Main Street, Murfreesboro, TN 37132; Christy.Sigler@mtsu.edu; or 615-898-2185. The MTSU policy on non-discrimination can be found at mtsu.edu/iec. This project is supported by Grant No. 2016-TA-AX-K037 awarded by the Office on Violence Against Women, U.S. Department of Justice. Points of view in this document are those of the author and do not reacesarily represent the official position or policies of the U.S. Department of Justice.