



BE THE POWER OF ONE

Building a Safe Community

MTSU's Power of ONE program empowers students to take a stand and address power-based violence through bystander intervention. Every Blue Raider has the power to make our campus a safer place. Each of us has the opportunity to be the Power of ONE.

The 5 D's of Intervention:

When you see a potentially unsafe situation . . .

- Direct.** Step in and address the situation directly.
- Distract.** Create a distraction to suppress the situation.
- Delegate.** Find someone who can help you intervene.
- Delay.** Ask them if they feel unsafe and how you can help.
- Document.** Record the situation with appropriate details.

MTSU—No Closed Door CONFIDENTIAL RESOURCES

Resources that can only notify the Title IX Coordinator of a sex or gender related incident if authorized by the person disclosing.

- **Sexual Assault 24-Hour Crisis Line**
615-494-9262
- **Domestic Violence 24-Hour Crisis Line**
615-896-2012
- **MTSU Counseling Services**
Keathley University Center, Room 326-S
615-898-2670
Miller Education Center, 503 East Bell St.
615-898-2271
- **MTSU Student Health Services**
MTSU Health, Wellness, and Recreation Center
615-898-2988
- **Domestic Violence & Sexual Assault Center**
1423 Kensington Square Court
24-hour crisis line: 615-494-9262
- **Ascension Saint Thomas Rutherford Hospital**
1700 Medical Center Parkway
615-396-4100

NONCONFIDENTIAL RESOURCES

Resources that are expected to keep information about sex- or gender-related incidents private but are required by law to notify the Title IX Coordinator.

To report an incident to the University

- **Title IX Coordinator**
Cope Administration Building, Room 116
615-898-2185
mtsu.edu/titleix

To report an incident to the police

- **MTSU Police**
615-898-2424
- **Murfreesboro Police**
615-893-1311 or 911

To receive academic accommodations

- **Disability and Access Center**
Keathley University Center, Room 107
615-898-2783

Other resources

- **MTSU Student Affairs**
615-898-2440



Scan the QR code or visit our website for more information.

**MIDDLE
TENNESSEE**
STATE UNIVERSITY.

I AM *true* **BLUE**

mtsu.edu/powerof1